



The Suffolk County Multicultural Advisory
Committee Presents



A Community Conversation "Mental Health Matters"



Event Details



May 10th, 2025



10:30 AM -12:30 PM



Mattituck Laurel Library
13900 Main Rd, Mattituck, NY
11952



Event is offered in both
English and Spanish

Event Agenda

- Learn about Mental Health 101- (Basic signs to be aware of)
- Q&A Panel with OLA of Eastern Long Island, Northwell Health South Oaks Hospital, & StonyBrook Medicine
- Visit Community Resource Tables and refreshments

To Register, Contact the Mattituck Laurel Library

P: 631-298-4134, E: reference@mattlibrary.org

For questions, contact SC Office of Minority Health:

P: 631-854-0378, E: OMH@suffolkcountyny.gov



Stony Brook
Medicine



NorthwellSM
South Oaks Hospital

Families
Together
in New York State





El Comité Asesor Multicultural del Condado de Suffolk presenta

Una Conversación Comunitaria "La salud Mental Importa"



Detalles del Evento



10 de mayo de 2025



10:30 AM -12:30 PM



Mattituck Laurel Library
13900 Main Rd, Mattituck, NY
11952



El evento se ofrece tanto en inglés como en español

Agenda del Evento

- Aprenda sobre salud mental 101- (Señales básicas a tener en cuenta)
- Q&A Panel con OLA of Eastern Long Island, Northwell Health South Oaks Hospital, y StonyBrook Medicine
- Visita las mesas de recursos comunitarios y refrigerios

Para inscribirse, contactar con la Mattituck Laurel Library

P: 631-298-4134, E: reference@mattlibrary.org

Para preguntas, contacte SC Oficina de Salud Minorías:

P: 631-854-0378, E: OMH@suffolkcountyny.gov

